



Senior Sports Psychologist

Classification Level:	AHP2	Agency:	Office for Recreation, Sport & Racing
Position Number:	M34559	Division:	South Australian Sports Institute
Direct Reports:	None	Business Unit:	
ANZCO Code:		Reports to:	High Performance Manager
Date Updated:	Sept 2018	Location:	Kidman Park

Organisation Overview

The Office for Recreation, Sport and Racing (ORSR) is the lead agency for the Government's policy on sport and active recreation. ORSR is responsible for State Government policy and legislation as it relates to the sector, its key programs, sport and recreation infrastructure and funding programs. The ORSR supports sport and recreation organisations, Councils and the community through the development of policy, programs and resources, the provision of funding, recreation and sport planning, infrastructure development, elite sport pathways and programs, and the promotion of physical activity.

Division

The **South Australian Sports Institute (SASI)** provides specialist high performance sport services and talent identification programs to support South Australian athletes and sports to achieve national and international success. SASI delivers leading edge scientific and technical support and supports the holistic development of athletes, coaches and staff. SASI supports six National Centre's of Excellence where the focus is on maximising the podium potential of senior national athletes. SASI also delivers seven sport programs where the development of emerging athletes is the primary focus.

Role Overview

The Senior Sports Psychologist is responsible for the provision and coordination of the Institute's performance psychology services and to ensure that all performance psychology support and interventions are consistent with internationally benchmarked elite sports program standards. The primary focus of the role is to provide direct performance psychological support to enhance athlete development, performance and recovery whilst ensuring a close working relationship exists with all lead coaches. Whenever possible, the Senior Sports Psychologist will be the lead psychology service

provider for SASI's targeted podium campaigns to ensure international benchmark performance targets are achieved. Key areas of responsibility include:

- Planning and coordinating performance psychological support for athletes to enhance performance with a variety of National high performance programs and with targeted SASI scholarship holders,
- Working as part of a multi-disciplinary team towards ensuring athletes are capable of achieving an optimal performance 'on-demand',
- Coordinate the external psychological service provision (through referral) to ensure the athletes are receiving the appropriate support required,
- Whenever possible, partner with key stakeholders within South Australia or Nationally (e.g. Australian Institute of Sport) for the purposes of aligning SASI's strategic and operational approach to psychological support, and
- Provide strong expertise and key advice regarding the utilisation of neurofeedback technologies for the purposes of training core psychological factors related to performance.

The role reports to the SASI High Performance Manager and has direct reporting responsibilities to SASI Sports Program Head Coaches and High Performance Coordinators.

Key Outcomes of the Role

Contribute to the goals and objectives of SASI and the Office for Recreation and Sport by:

- a. Facilitate the psychological preparation and growth for coaches and athletes within both training and competitive environments working as a member of an interdisciplinary team whenever possible.
- b. Oversee planning and intervention design and implementation regarding an athlete's ability to perform on demand for targeted athletes in SASI's priority campaigns and programs.
- c. Assist and support SASI coaches with regards to their ability to coach the mental and emotional competencies of their athletes.
- d. Assist coaches in establishing high performing cultures and environments for each sport.
- e. Providing input and discipline advice to management and stakeholders regarding issues related to assigned programs, projects, assets, systems and/or services as part of our high performance environments.
- f. Undertaking information, consultation and/or negotiation processes with stakeholders and across government agencies including the development of a strong working relationship with the Australian Institute of Sport's discipline leadership and resources.
- g. Contributing to a safe, diverse and healthy work environment free from discrimination and harassment by working in accordance with legislative requirements, the [Code of Ethics for the South Australian Public Sector](#), equal

employment opportunity and departmental human resource policies, including Work Health Safety and Wellbeing requirements.

- h. Contributing to a high standard of customer service for internal and external clients and quality management and risk.

Special Conditions and Essential Requirements

- This role is identified as a prescribed position. The incumbent is subject to a satisfactory relevant history assessment in line with the *Children's Protection Act 1993*.
- Work outside normal office hours and intra and interstate travel is required.
- A current SA driver's licence and willingness to drive is essential.

Qualifications / Licenses

Essential

- Registered in Australia as a Sport and Exercise Psychologist
- Has a minimum of 5 years' experience providing sport / performance psychology support to elite athletes and teams and is able to draw on this experience as part of her/his applied practice.

Desirable

- Training / certification in neurofeedback modalities

Person Capabilities

- a. Demonstrated ability to work respectfully and effectively with Aboriginal and Torres Strait Islander people and an understanding of Aboriginal cultural values and social issues and ensuring programs and services are accessible and meet Aboriginal community needs.
- b. Facilitates a culture of integrity, professional accountability and diversity across the department and across government, and through community interactions in line with the SA Government's Code of Ethics and the *Equal Employment Opportunity Act 1987*.
- c. Demonstrates commitment and accountability to the implementation of the Premier's Safety and Wellbeing Declaration and requirements of the *Work Health and Safety Act 2012*, utilising AS/NZS ISO31000:2009 Risk Management or equivalent.
- d. Works collaboratively with staff and stakeholders to effectively deliver outcomes and create a culture of quality and continuous improvement.
- e. Experience in the development, evaluation, implementation and improvement of professional duties with limited direction and an ability to supervise/mentor staff and positively support change and risk management initiatives.

- f. Demonstrated ability to provide succinct written and verbal communications based on sound analytical research and contemporary discipline knowledge; and plan and set priorities that support the delivery of time critical projects and deadlines.

Corporate Responsibilities

Exhibits behaviours and demonstrates commitment and accountability to:

- Keeping accurate and complete records of business activities in accordance with the *State Records Act 1997*.
- Maintaining a commitment to the *Public Sector Act 2009*, Ethical Conduct and the legislative requirements of the *Public Sector Act 2009* and *Work Health and Safety Act 2012*.
- Supporting and advocating Equal Employment Opportunity (EEO) and diversity in the workplace in accordance with EEO legislation. In particular, maintaining a commitment to promote an inclusive workplace in support of Aboriginal and Torres Strait Islander people and other underrepresented groups.

Delegate Approval

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Name

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Signature

Date: / / /